

48th Annual Aspen Conference on Pediatric Gastrointestinal Disease and Nutrition Agenda

Sunday, July 12, 2026

3:30 - 5:30 pm *Registration and Refreshments*

Monday, July 13, 2026

7:00 - 8:00 am *Breakfast and Registration*

8:00 - 8:15 am Welcome and Introductions

8:15 - 8:35 am What's Hot Today?

8:35 - 8:45 am Discussion

8:45 - 9:05 am What's New in Vomiting Disorders?, *Carlo Di Lorenzo, MD*

9:05 - 9:20 am Discussion

9:20 - 9:40 am Controversies in Fundoplication, *Aaron Garrison, MD*

9:40 - 9:55 am Discussion

9:55 - 10:05 am Clinical Challenge

10:05 - 10:25 am *Faculty/Participant Discussion/ Refreshments*

10:25 - 10:45 am Updates in ERCP and EUS: What Every Pediatric Gastroenterologist
Should Know, *Michael Wilsey, MD*

10:45 - 11:00 am Discussion

11:00 - 11:20 am Avoidant/Restrictive Food Intake Disorder (ARFID) vs. Pediatric Feeding
Disorders: Overlap, Differences and Treatment Strategies, *Sarah Edwards, DO*

11:20 - 11:35 am Discussion

11:35 - 11:55 am On the Right Path: Inpatient Disorder of Gut Brain Interaction (DGBI) Pathway
Approach, *Wendi Lopez, PsyD*

11:55a-12:10 pm Discussion

12:10 - 12:40 pm Case Discussion

Tuesday, July 14, 2026

7:15 - 7:45 am *Breakfast and Roundtable Discussion*

7:45 - 8:05 am What's Hot Today?

8:05 - 8:15 am Discussion

8:15 - 8:35 am Positioning Biologics in Medically Refractory Pediatric IBD, *Jennifer Hellmann, MD*

8:35 - 8:50 am Discussion

8:50 - 9:10 am IBD Complex Surgical Cases, *Aaron Garrison, MD*

9:10 - 9:25 am Discussion

9:25 - 9:45 am Novel Imaging Approaches in IBD, *Jennifer Hellmann, MD*

9:45 - 10:00 am Discussion

10:00 - 10:10 am *Faculty/Participant Discussion/Refreshments*

10:10 - 10:20 am Clinical Challenge

10:20 - 10:40 am What's New in DGBI: The Brain, *Carlo Di Lorenzo, MD*

10:40 - 10:55 am Discussion

10:55 - 11:15 am Hitting Reset: Establishing Reset Protocols for GI Symptom Flares, *Wendi Lopez, PsyD*

11:15 - 11:30 am Discussion

11:30 - 11:50 am Multidisciplinary Care for Pediatric Feeding Disorder: Tips for Building a Team in
Academic and Private Practice Settings, *Sarah Edwards, DO*

11:50a - 12:05 pm Discussion

12:05 - 12:40 pm Case Discussion

Wednesday, July 15, 2026

7:15 - 7:45 am *Breakfast and Roundtable Discussion*

7:45 - 8:05 am What's Hot Today?

8:05 - 8:15 am Discussion

8:15 - 8:35 am Management of Caustic Ingestions & Esophageal Perforations, *Aaron Garrison, MD*
8:35 - 8:50 am Discussion
8:50 - 9:10 am Esophageal Stricture Management: Modern Approaches and Practical Pearl, *Michael Wilsey, MD*
9:10 - 9:25 am Discussion
9:25 - 9:45 am Feeding Tube Weaning: Strategies Across Settings, *Sarah Edwards, DO*
9:45 - 10:00 am Discussion
10:00 - 10:10 am *Faculty/Participant Networking/Refreshments*
10:10 - 10:20 am Clinical Challenge
10:20 - 10:40 am What's New in DGBI: The Gut, *Carlo Di Lorenzo, MD*
10:40 - 10:55 am Discussion
10:55 - 11:15 am Small Steps, Big Impact: Effective Lifestyle Strategies for Children with MASLD, *Stavra Xanthakos, MD*
11:15 - 11:30 am Discussion
11:30 - 11:50 am Introduction to Motivational Interviewing for GI Providers, *Wendi Lopez, PsyD*
11:50a - 12:05 pm Discussion
12:05 - 12:40 pm Case Discussion

Thursday, July 16, 2026

7:15 - 7:45 am *Breakfast and Roundtable Discussion*
7:45 - 8:05 am What's Hot Today?
8:05 - 8:15 am Discussion
8:15 - 8:35 am The Diagnosis and Management of IBD in Children with Developmental Disorders, *Jennifer Hellmann, MD*
8:35 - 8:50 am Discussion
8:50 - 9:10 am Feeding Difficulties in Pediatric Patients with Autism: Evaluation and Treatment, *Sarah Edwards, DO*
9:10 - 9:25 am Discussion
9:25 - 9:45 am What's New in Defecation Disorders?, *Carlo Di Lorenzo, MD*
9:45 - 10:00 am Discussion
10:00 - 10:10 am *Faculty/Participant Discussion/Refreshments*
10:10 - 10:20 am Clinical Challenge
10:20 - 10:40 am Incorporating Advanced Practice Providers into Pediatric GI: Enhancing Access and Outcomes, *Leslie Fitzharris, RN, APRN, CNP*
10:40 - 10:55 am Discussion
10:55 - 11:15 am Protein Losing Enteropathy: Evaluation and Management, *Julie Bonn, MD*
11:15 - 11:30 am Discussion
11:30 - 11:50 am Endoscopic Clinical Pearls: High Impact Tips for Daily Practice, *Michael Wilsey, MD*
11:50a-12:05 pm Discussion
12:05 - 12:40 pm Case Discussion

Friday, July 17, 2026

7:15 - 7:45 am *Breakfast and Roundtable Discussion*
7:45 - 8:05 am Ergonomics of Endoscopy: Protecting the Endoscopist, Improving Performance, *Michael Wilsey, MD*
8:05 - 8:20 am Discussion
8:20 - 8:40 am Gut Feelings: Psychological Pain and Nausea Management, *Wendi Lopez, PsyD*
8:40 - 8:55 am Discussion
8:55 - 9:15 am Overview of Percutaneous Electrical Nerve Field Stimulator (PENFS) Program: Application and Outcomes, *Leslie Fitzharris, RN, APRN, CNP*
9:15 - 9:30 am Discussion
9:30 - 9:50 am IBD Genetics and Prevention: Is it Possible?, *Jennifer Hellmann, MD*
9:50 - 10:05 am Discussion
10:05 - 10:25 am Summation, *Stavra Xanthakos, MD and Julie Bonn, MD*